

## PRIME TIME HOCKEY'S 2016/2017 Youth Development Program 'YDP'

## Purpose

This 20-week program seeks to provide a progressive training curriculum for 30 skaters and 2 goalies of 2005-2008 birth year who are looking to supplement their upcoming hockey season with practices and scrimmages that will better prepare and facilitate their transition as future 'travel' hockey players.

## **Program Summary**

- 25 hrs. of on ice development
- 15 scrimmages
- 9 hrs. in PTH training facility for treadmill, shooting, and puck control
- Two sets of uniforms per player (includes jersey and socks)
- End of season banquet
- Personalized trophy for each player
- Final scrimmage of the season played at PNC Arena
- All scrimmages and practices at The Factory Ice House
- 1 in season Social Event
- Attend Canes Game in season at PNC Arena
- 1 Tournament experience (2015/2016 tournament was during St. Patrick's Day weekend in Chesapeake VA)
- 10% discount for all other 2015/16 PTH Fall-Winter on ice camps and, clinics, and weekly classes. (Excluded from this discount program are individual single sessions, and 2016 Spring Pre-Tryout camps).

## Schedule

**Fall/Winter Season** – August 22<sup>nd</sup> – January 3<sup>rd</sup>, 2017 **Winter/Spring Season** – January 9<sup>th</sup> – May 23<sup>rd</sup>, 2017

Tentative ice times will be mid-week sessions after school: On-Ice Development Sessions: Monday's 5:00pm – 6:15pm @ The Factory Scrimmages: Tuesday's 4:45pm – 5:45pm @ The Factory Treadmill/Shooting: Saturdays Group A – 11:00am – 12:30pm Group B 12:30pm – 2:00pm

## Equipment

- TWO sets of uniforms (jersey + socks) will be provided to each student, and these will be included as part of the registration fee. Players will be able to provide input for their choice of jersey #'s. Names will be on jerseys.
- Other than the uniforms listed above, participants must supply all of the rest of their protective equipment.

## **On-Ice Development & Scrimmages**

- Each on-ice development session will be 1 hour and 15 minutes long, and will be run by the staff of PTH.
- Curriculum will combine individual skill development with on ice tactical and game flow exercises.

## Scrimmages

- Scrimmage length will be 60 minutes, running time (may be 55 minutes due to warm up)
- Uniformed referees will be assigned to officiate the scrimmage
- Fair and equal ice time will be utilized for the program.
- PTH staff "will be on the bench" for scrimmages. (PTH staff will be wearing skates and will be on the ice near the benches)
- Each player will be provided with TWO sets of uniforms, and will be required to have BOTH of them 'in the bag' for every session. Players will be notified in advance which color jersey they will require for the weekly scrimmage. We will change the teams every 3-4 sessions, but small adjustments on a weekly basis may be required.
- A tournament will be entered for all players as part of the program. Cost for travel and lodging is not included.
  Players born in 2008 and under will play in a division of half ice games. Players 2007 and above will play in a division of full ice games.
- Last YDP scrimmage of the season at PNC Arena (Rink of Dreams Event put on by the Carolina Hurricanes)

## Teams

- We will fill TWO teams of 16 players (15 skaters + 1 goalie)

## Attendance

- Unless it is discussed prior to registration, players will not be able to substitute alternate PTH programs to "make up" for missed YDP sessions.
- While attendance is not mandatory at every session, families ARE expected to notify PTH if/when they will be absent. This will help PTH to efficiently structure practices and edit rosters for weekly scrimmages.

## **Supplementary Youth Hockey Programs**

- PTH encourages hockey families to use PTH's YDP to complement the other existing youth hockey programs in the area (Carolina Eagles, RYHA & Polar House League). Several families have balanced YDP with one or more of these additional programs in the past as the schedules tend to avoid any conflict.
- Polar House League in the past has worked with families who participate in YDP. Each family will be treated on a case by case basis to determine the appropriate discounts or scheduling that Polar may apply.

## Goaltenders

Families who register for the GOALIE positions of YDP will have the following 2 options at registration:

- 1. Pay full price registration and receive specialized weekly goalie instruction at practice.
- 2. Pay half price registration and participate, and participate in all practices without specialized goalie instruction.

## **Registration Fees**

Fall/Winter Season - \$1,275 - which works out to \$23.61 per training hour. (54 total training hours)
 Winter/Spring Season - \$1,275 - which works out to \$23.61 per training hour. (54 total training hours)
 Fall/Winter + Winter/Spring Season Combined - \$2,100 - which works out to \$19.44 per training hour

#### Due Immediately:

\$250 - secures one of the 30 skating positions in this program. If the program is cancelled due to a lack of interest this \$250 will be credited to your PTH account, and could be used towards any other PTH program. If cancellation is initiated by the customer, 50% of the deposit will be eligible to be credited to your PTH account to be used towards a future PTH on ice class or on ice camp.

#### Due upon the program filling the first 15 spots:

\$600 – means the program is on and you are in. Money will be used to secure/confirm ice time and order the team uniforms. At this point, your money is only transferable if we can find a suitable replacement for the spot that you are looking to vacate.

## Fall/Winter Season - Due by August 8<sup>th</sup>, 2016

\$425.00 - serves as final payment, full balance of registration is paid.

We feel that when you break down the program and account for everything that is included as part of the registration fees that we are providing exceptional value in return for what you are paying:

- 15 Scrimmages
- 25 hrs. of on-ice development sessions
- Treadmill, Shooting, Puck Control training in PTH Facility (9 hrs.)
- Two sets of team uniforms
- Trophy for each player
- 1 Tournament Experience
- 1 in season social event
- Scrimmage at PNC Arena
- 1 Canes Game Experience
- 10% discount for all other 2016/17 PTH Fall-Winter on ice camps, clinics, and packages for weekly classes. (2017 Spring Pre-Tryout camps are excluded from this discount)

Plus, what we feel is a key and valuable feature of this program: Instruction, mentorship, coaching, and development from PRIME TIME HOCKEY! ③

# 2016-17 Season Preview

Fall/Winter Season: August 22nd January 3rd 2017 Spring Season: January 9th – May 23rd 2017

| On Ice Training          | 25      |
|--------------------------|---------|
| Scrimmages               | 15      |
| Game at PNC              | 1       |
| Tournament               | 4       |
| Off Ice Training – TR/SR | 9       |
| Total Hrs Development    | 54      |
| Cost                     | \$1,275 |
| Cost/HR                  | \$23.61 |

## 2016-17

# F/W and Spring Season Combined

August 22<sup>nd</sup> 2016 – May 23<sup>rd</sup> 2017

| On Ice Training          | 50      |
|--------------------------|---------|
| Scrimmages               | 30      |
| Game at PNC              | 2       |
| Tournament               | 8       |
| Off Ice Training – TR/SR | 18      |
| Total Hrs Development    | 108     |
| Cost                     | \$2,100 |
| Cost/HR                  | \$19.44 |