



PRIME TIME HOCKEY'S Youth Development Program 'YDP'

Purpose

This 20-week comprehensive program seeks to provide a progressive training curriculum for 30 skaters and 2 goalies of 2006-2009 birth year who are looking to supplement their upcoming hockey season with practices and scrimmages that will better prepare and facilitate their transition as future 'travel' hockey players.

Program Summary

- 48 Total Training Hours
- 26 hrs. of on-ice practice (two teams at a time, full ice)
- 13 scrimmages
- 9 hrs. in PTH training facility for treadmill, shooting, and puck control development
- Two sets of uniforms per player (includes jersey and socks)
- End of season banquet
- Personalized trophy for each player
- Optional Scrimmage Event at PNC Arena
- All scrimmages and practices at The Factory Ice House
- 1 in season dry-land training and Social Event
- Optional Canes Game experience in season at PNC Arena
- 1 additional Competition Experience (potential tournament or skills competition)
- 10% discount for all other 2017/18 PTH Fall-Winter on ice camps and, clinics, and weekly classes. (Excluded from this discount program are individual single sessions, and 2017 Spring Pre-Tryout camps).

Schedule

Fall/Winter Season – September 5th – December 9th, 2017

Winter/Spring Season – January 8th – May 3rd, 2017

Tentative ice times will be mid-week sessions after school:

Practices: Monday's 5:00pm – 6:15pm @ The Factory

Scrimmages: Tuesday's 4:45pm – 5:45pm @ The Factory

Treadmill/Shooting: Saturdays Group A – 9:30am – 11:00am Group B 11:15am – 12:45pm

Equipment

- TWO sets of uniforms (jersey + socks) will be provided to each student, and these will be included as part of the registration fee. Players will be able to provide input for their choice of jersey #'s. Names will be on jerseys.

- Other than the uniforms listed above, participants must supply all of the rest of their protective equipment.

Practices & Scrimmages

- Unless otherwise noted, practice sessions will be 1 hour and 15 minutes long, and will be run by the staff of PTH.
- Each practice will have two teams on the ice. (30 players 2 goalies)
- Curriculum will combine individual skill development with on ice tactical and game flow exercises.

Scrimmages

- ALL scrimmages will be played on a full sheet of ice.
- Scrimmage length will be 60-minutes, running time (some weeks 55 minutes due to warm up)
- Referees will be assigned to officiate the scrimmages.
- Fair and equal ice time will be utilized for the program.
- PTH staff will be 'on the ice and the bench' for scrimmages.
- Each player will be provided with TWO sets of uniforms, and will be required to have BOTH of them 'in the bag' for every session. Players will be divided into two different teams for their weekly competition. Team assignments and positions will change every 3-4 sessions, but small adjustments on a weekly basis may occur.
- An extra competition (tournament or skills competition) will be entered for all players as part of the program. Cost for travel and/or lodging is not included.
- Optional scrimmage at PNC Arena ('Rink of Dreams' Event put on by the Carolina Hurricanes)

Teams

- We will fill TWO teams of 16 players (15 skaters + 1 goalie)
- Teams will consist of 3 full lines, which PTH feels is much better suited for full ice scrimmages.

Attendance

- Unless it is discussed prior to registration, players will not be able to substitute alternate PTH programs to "make up" for missed YDP sessions.
- While attendance is not mandatory at every session, families are expected to notify PTH if/when they will be absent. This will help PTH to efficiently structure practices and edit rosters for weekly scrimmages.

Supplementary Youth Hockey Programs

- PTH encourages hockey families to use PTH's YDP to complement the other existing youth hockey programs in the area (Carolina Eagles, Carolina Stars, NC Force, RYHA & Polar House League). Several families have balanced YDP with one or more of these additional programs in the past as the schedules tend to avoid any conflict.
- Polar House League in the past has worked with families who participate in YDP. Each family will be treated on a case by case basis to determine the appropriate discounts or scheduling that Polar may apply.

Goaltenders

Families who register for the GOALIE positions of YDP will have the following 2 options at registration:

1. Pay full price registration and receive specialized weekly goalie instruction at practice.
2. Pay half price registration and participate, and participate in all practices without specialized goalie instruction.

Registration Fees

Fall/Winter Season - \$1,275 - which works out to \$26.56 per training hour. (48 total training hours)

Winter/Spring Season - \$1,275 - which works out to \$26.56 per training hour. (48 total training hours)

Fall/Winter + Winter/Spring Season Combined - \$2,100 – which works out to \$21.65 per training hour (97 total training hours)

Due Immediately:

\$300 - secures one of the 30 skating positions in this program. If the program is cancelled due to a lack of interest this \$300 will be credited to your PTH account, and could be used towards any other PTH program. If cancellation is initiated by the customer, 50% of the deposit will be eligible to be credited to your PTH account to be used towards a future PTH on ice class or on ice camp.

Due upon the program filling the first 15 spots:

\$600 – means the program is on and you are in. Money will be used to secure/confirm ice time and order the team uniforms. At this point, your money is only transferable if we can find a suitable replacement for the spot that you are looking to vacate.

Fall/Winter Season - Due by September 5th, 2017

\$325.00 - serves as final payment, full balance of registration is paid.

We feel that when you break down the program and account for everything that is included as part of the registration fees that we are providing exceptional value in return for what you are paying:

- Full-ice scrimmages (13)
- Full-ice practices with just 2 teams (26 hrs.)
- Treadmill, Shooting, Puck Control training in PTH Facility (9 hrs.)
- Two sets of team uniforms
- Trophy for each player
- 1 in season dryland training/social event
- Optional scrimmage at PNC Arena
- 10% discount for all other 2017/18 PTH Fall-Winter on ice camps, clinics, and packages for weekly classes. (2017 Spring Pre-Tryout camps are excluded from this discount)

Plus, what we feel is a key and valuable feature of this program:

Instruction, mentorship, coaching, and development from PRIME TIME HOCKEY! 😊

2017-18 Season Preview Breakdown

Fall/Winter Season: September 5th, 2017 - December 9th, 2018

Spring Season: January 8th - May 3rd, 2018

Fall/Winter Season ONLY

On-Ice Training	26
Full Ice Scrimmages	13
Optional Game at PNC Arena	1
Off-Ice Training – Treadmill/Shooting	9
Total Hrs. of Development	49
Cost	\$1275
Cost/Hr.	\$26.02

Fall Winter and Spring Season COMBINED

September 5th, 2017 to May 3rd, 2018

On-Ice Training	52
Full Ice Scrimmages	26
Optional Game at PNC Arena	1
Off-Ice Training – Treadmill/Shooting	18
Total Hrs. of Development	97
Cost	\$2100
Cost/Hr.	\$21.65

