

PRIME TIME HOCKEY USA

REGISTRATION FORM

1839-360 South Main Street, Wake Forest, NC 27587 USA

Online Form available at www.primetimehockey.com

PLAYER'S NAME: _____

ADDRESS: _____ APT: _____

CITY: _____ PROV / ST: _____

POSTAL/ZIP: _____ BIRTH DATE: _____

TEL: H() _____ W() _____

E-MAIL ADDRESS: _____

HEALTH INSURANCE: _____

TEAM: _____

[] HOUSE, [] SEL, [] A, [] AA, [] AAA, [] TRAVEL, [] BB, [] B, []
HIGHSCHOOL

WEEKLY CLASS

of Sessions _____ # of Players _____ Date: _____
Total: _____

PRIVATE LESSON ON ICE

of Sessions _____ # of Players _____ Date: _____
Total: _____

SHOOTING RANGE

of Sessions _____ # of Players _____ Date: _____
Total: _____

SKATING TREADMILL

of Sessions _____ # of Players _____ Date: _____
Total: _____

CAMPS

- | | | |
|---|----------------|-------|
| <input type="checkbox"/> Veterans Day Mini Camp | November 11 | \$60 |
| <input type="checkbox"/> Thanksgiving Camp | November 27-29 | \$135 |
| <input type="checkbox"/> Xmas Camp | December 22-23 | \$190 |
| <input type="checkbox"/> Jr. P T'ers Xmas Camp | December 22-23 | \$90 |
| <input type="checkbox"/> MLK Day Mini Camp | January 18 | \$60 |
| <input type="checkbox"/> Presidents Day Mini Camp | February 15 | \$60 |

Method of Payment

[] Cash [] Cheque [] Visa / Mastercard / Amex / Discover

Card# _____ Exp. _____

CVC _____

See www.primetimehockey.com for complete registration policies

PARENT'S NAME: _____

SIGNATURE: _____

DATE: _____



UPCOMING PROGRAMS

2016 PREP SCHOOL SHOWCASE

April 21-23, 2016 • Factory Ice House



MINI-CLINICS

School Holiday & Early Release

Please visit our website at
www.primetimehockey.com
for details on the School Holiday and
Early Release Mini-Camps

we will be offering for:

Veterans Day - November 11

Martin Luther King Day - January 18, 2016

Presidents Day - February 15, 2016

PRIME TIME HOCKEY USA

THANKSGIVING CAMP

November 27-29, 2015
Cary Ice House

See website for daily schedule
\$135/full camp, \$60/daily
8 hrs Total Training
Travel A, AA, AAA

CHRISTMAS CAMPS

Jr. Prime Timers

December 22 & 23, 2015
8:30am – 10:30am
\$90/full camp, \$45/daily

Advanced Skating, Agility, Puck Control

December 22 & 23, 2015
11:00am – 2:00pm
\$190/full camp, \$100/daily

*Optional Add-On
Treadmill \$ Shooting
2:30pm – 4:00pm
\$70/full camp, \$45/daily

PRIME TIME HOCKEY Youth Development Program

- 22 Full ice games
- PTH staff running the practices
- PTH staff providing guidance during the games
- Kids motivated, engaged, and learning while having fun



*The Complete Source
For Hockey Development*

2015/2016

NORTH CAROLINA PROGRAMS

STATE OF THE ART OFF-ICE
TRAINING FACILITY

FEATURING

WEEKLY ON ICE CLASSES
ON ICE PRIVATE LESSONS
SKATING TREADMILL
SPECIALIZED SHOOTING LESSONS
THANKSGIVING CAMP
CHRISTMAS CAMP
SPRING PRE TRYOUT CAMPS



919-420-0024

infoUSA@primetimehockey.com

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THE PRIME TIME TEAM

Prime Time Hockey’s instructors are among the top skills instructors in the hockey school industry. Our youthful staff maintain a high level of skill and are able to demonstrate each drill at an elite level using proper technique thus giving our students a good visual image of the skills we are teaching.



STAN MISTHIOS
• Honors Degree Law & Political Science, Carleton University
• 5 years Junior Hockey in Toronto and Ottawa
• 4 years instructing, Dr. Smushkin Hockey School
• 28 years experience teaching hockey development
• Founder of Prime Time Hockey



MATT CROSS
• Centennial College, Business
• Coach, GTHL AAA
• Former Student, PTH
• 14 yrs experience teaching hockey development
• 14th year with PTH
• Vice-President Hockey Operations



TIM MCLOUGHLIN
• BA Psychology, Harvard University
• 4 time MVP, Harvard J Varsity team
• 4 years Prep School Hockey, Brooks School
• Former Student, PTH
• 13th Season with PTH
• 13 years experience teaching hockey development



JAMES HUBBARD
• Liberal Arts, Ohio University
• 3 years MJHL Junior, Walpole Massachusetts
• Former Student, PTH, 7 years
• 5th year with PTH



COLLEEN MURPHY
• Full Hockey Scholarship to Northeastern University
• 4 years North American Hockey Academy
• USA Hockey National Program participant
• Former student at PTH, 8 years
• 5th year with PTH



One leg at a time, outside edge turn, arms extend away from body.... with a puck.

SPRING PROSPECTS

Every Spring season since 2011 PTH has organized single birth year hockey teams that have competed in weekend tournaments. Teams also participate in 10-12 hrs of skill development. Some of the annual highlights of this program have included:

- Playing hockey in Toronto, Canada.
- Visiting the Hockey Hall Of Fame
- Pictures with the Stanley Cup
- Attending a Major League Baseball game
- Visiting Niagara Falls



FALL/WINTER CLASSES

Classes run from September 21, 2015 – April 1, 2016
Exclusion Dates: 11/26, 11/27, 12/24, 12/25, 12/28, 12/31, 1/1.
Players must meet age and caliber requirements.

Day	Time	Location	Program	Skaters	Level	Price	Packages
Monday	4 pm - 4:45 pm	Factory Ice House	Jr Prime Timers	up to 36	Players born in 2007-2010, or first time players	\$29	6/\$155, 10/\$225, 20/\$380
Thursday	4:45 pm - 5:45 pm	Factory Ice House	Advanced Skating, Agility, Puck Control	up to 36	Travel A, AA, AAA, Pee wee, Bantam	\$38	6/\$215, 10/315, 20/\$520
Thursday	5:45 pm - 6:45 pm	Factory Ice House	Specialized Shooting And Scoring	up to 36	Travel A, AA, AAA, Squirt, Pee wee Bantam, U16	\$38	6/\$215, 10/315, 20/\$520
Friday	5:30 pm - 6:30 pm	Factory Ice House	Advanced Skating, Agility, Puck Control	up to 36	Travel A, AA, AAA, Squirt, Pee wee Bantam, U16	\$38	6/\$215, 10/315, 20/\$520



SKATING TREADMILL TRAINING

Located in **Prime Time Hockey's** off-ice facility at Factory Ice House, Treadmill Training is an excellent source for strength and conditioning for teams or individual players of any age and skill level. Treadmill Training offers exceptional supplementary training opportunities to those looking to enhance speed, skating stride, and acceleration.



- All individual and group sessions are 60 minute training sessions:
- 30 minutes of skating on PTH Treadmill.
 - 30 minutes of shooting development in PTH Shooting Centre.
- * Team Training sessions are 90 minute training sessions:
- 30 minutes of skating on PTH Treadmill.
 - 30 minutes of shooting development in PTH Shooting Centre.
 - 30 minutes of upper body biomechanic puck control.

# of Sessions	1	6	10
Individual player	\$60	\$310	\$425
Group of 5 players	\$275	\$1,410	\$1,950
Team Training*	\$525*	\$2,910*	\$3,975*

SHOOTING INSTRUCTION



2300 sq ft Shooting Center

Located at Factory Ice House

Prime Time Hockey is proud to offer a 2,300 square foot shooting range at The Sports Factory in Wake Forest. This artificial ice surface for puck handling and shooting development is yet another dimension to the unique and diverse package that PRIME TIME can offer to the hockey family.

All sessions at the shooting facility will be by appointment only and these sessions will all be supervised by our highly qualified staff.

# of Players	1 Player 1/2hr	2 Players 1/2hr	1 Player 1hr	2 Players 1hr
1 Player	\$40	\$66	\$70	\$94
5 Pack	\$170	\$300	\$325	\$440
10 Pack	\$290	\$480	\$560	\$695

PRIVATE LESSONS

Day	Time	Arena
Monday	4:00 pm	Factory Ice House
Tuesday	Call to book	Factory or TBD
Wednesday	Call to book	Factory or TBD
Thursday	Call to book	Factory or TBD
Friday	Call to book	Factory or TBD



	1 Session	5 Sessions
1 Player	\$85.00	\$400
2 Players	\$120.00 (\$60 per player)	\$550
3 Players	\$150.00 (\$50.00 per player)	\$675
4 Players	\$180.00 (\$45.00 per player)	\$800